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Hessa Al Hitmi Qatar Academy Doha

Discrimination in healthcare is a pervasive problem that can have serious consequences for marginalized communities. People who belong to these communities, such as people of color, and people with disabilities, are more likely to experience discrimination and bias in healthcare settings, which can lead to delayed diagnoses, inadequate treatment, and even premature death. To prevent discrimination in healthcare for marginalized communities, several measures can be taken. The first step is to raise awareness of the issue among healthcare providers. This can be done through training programs and educational initiatives that teach providers about the ways in which bias and discrimination can manifest in healthcare settings. Such programs can help providers recognize their own biases and encourage them to be more mindful of the needs and experiences of marginalized patients. Healthcare providers need to create a more welcoming environment for marginalized communities. This includes ensuring that staff members are diverse and represent the communities they serve. For example, hospitals and clinics should actively recruit people from marginalized communities to work in their facilities. Additionally, providers should make sure that their facilities are accessible to people with disabilities and provide materials in multiple languages to ensure that everyone can access healthcare services.

Healthcare providers need to work to build trust with marginalized communities. This can be done by reaching out to community organizations and leaders and engaging in

Marginalized Communities: Discrimination in HealthCare



"Marginalized communities such as people of color and people with disabilities are more likely to experience discrimination and bias in healthcare settings..." community outreach programs that build relationships with these groups. Additionally, providers can work to involve patients in their own care by involving them in decision-making and treatment planning. Healthcare providers also need to collect and analyze data on healthcare disparities. This can help identify patterns of discrimination and bias and inform strategies to address these issues. For example, providers can collect data on the race or ethnicity of their patients, and

use this information to identify areas where disparities are most pronounced. Healthcare providers need to be held accountable for addressing discrimination in healthcare. This means implementing policies prohibiting discrimination and bias in all aspects of healthcare, including hiring, training, and patient care. Providers should also be subject to regular audits and evaluations to ensure that they are meeting their obligations to provide high-quality, non-discriminatory care.

In conclusion, discrimination in healthcare is a serious problem that can have significant consequences for marginalized communities. To prevent discrimination in healthcare, healthcare providers need to take several steps, including raising awareness of the issue, creating a welcoming environment for marginalized communities, building trust with these groups, collecting and analyzing data on healthcare disparities, and implementing policies that prohibit discrimination and bias. By taking these measures, healthcare providers can help ensure that all patients, regardless of their background, receive high-quality,

equitable care.

Eliminate External Debt Sustainability for LEDC's

Al Mayasa Al Mohanadi

External debt is a significant challenge for many low-income and developing countries (LEDCs). It is crucial to address external debt sustainability for the economic growth and development of these countries. Here are some measures that can be taken to eliminate external debt sustainability and promote development in LEDCs: Debt Relief: Debt relief is one of the most crucial measures to eliminate external debt sustainability. Developed countries and international organisations can provide debt relief to LEDCs, which can reduce the burden of debt payments, allowing these countries to invest in their economic development.

Economic Diversification: Many LEDCs rely on a few primary commodities for their exports. Economic diversification can help these countries to reduce their dependence on these commodities,

which can be volatile in prices, and increase their exports of manufactured goods and services.

Attracting Foreign Investment: LEDCs can attract foreign investment by creating an enabling environment for businesses, such as improving infrastructure, reducing corruption, and creating investor-friendly policies.

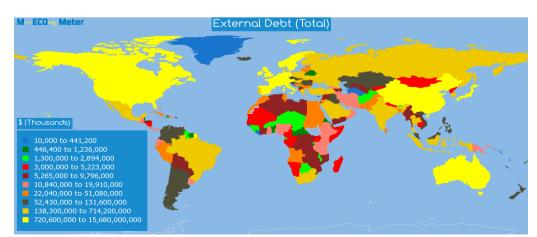
Improving Export Competitiveness: LEDCs can improve their export competitiveness by investing in technology and innovation, improving their infrastructure, and developing human capital.

Increasing Domestic Revenue: LEDCs

Increasing Domestic Revenue: LEDCs can increase their domestic revenue by improving tax collection and broadening the tax base, which can help reduce reliance on external borrowing.

external borrowing.

Promoting Regional Integration: Regional integration can help LEDCs to expand their markets and create economies of scale, which can increase their competitiveness and reduce their reliance on external borrowing. Good Governance: LEDCs can improve their governance systems by promoting transparency, accountability, and reducing



corruption. This can help to attract foreign investment, increase domestic revenue, and reduce the need for external borrowing. These measures, if implemented effectively, can help to eliminate external debt sustainability and promote economic development in LEDCs. However, it is essential to recognize that the debt problem in these countries is complex and requires a comprehensive solution that addresses the root causes of the problem.

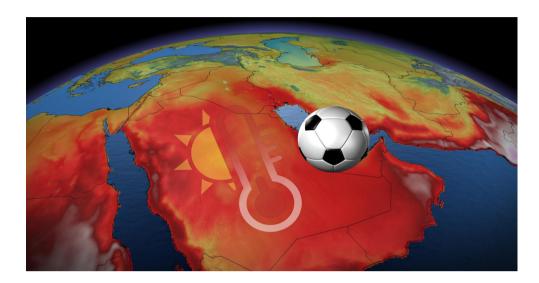
"Debt relief is one of the most crucial measures to eliminate external debt sustainability..."





Al Mayasa Al Mohanadi Qatar Academy Doha

How Qatar's Residents Benefit from the Winter Weather during the World Cup



"The pleasant winter weather can attract more tourists in Qatar, who can enjoy the World Cup and explore the country's attractions..."

The 2022 FIFA World Cup was held in Qatar from November 21 to December 18, which was during the winter season in the country. This winter weather can have several advantages for the people living in Qatar during the World Cup, including: Comfortable climate for players and fans: The temperatures during the winter in Qatar are much milder than the scorching summer months, which can make it more comfortable for players and fans alike. This can also help reduce the risk of heatrelated illnesses and injuries. Outdoor activities: The mild winter weather can also provide opportunities for outdoor activities such as fan zones, outdoor concerts, and street parties. These activities can help create a festive atmosphere and add to the overall World

Cup experience. Energy conservation: The mild winter weather can also help reduce the energy consumption required to keep the stadiums and other facilities cool during the summer months. Boost for tourism: The pleasant winter weather can attract more tourists to Qatar, who can enjoy the World Cup and explore the country's attractions.

Overall, the winter weather can have several advantages for the people living in Qatar during the World Cup, including a more comfortable climate for players and fans, opportunities for outdoor activities, energy conservation, and a boost for tourism.

Additionally, the winter weather can also benefit the local economy, as it can encourage more people to shop and dine outdoors, which can help support small businesses. The cooler temperatures can also make it more comfortable for workers who are involved in the preparations for the World Cup, such as construction workers and event staff. Finally, the winter weather can help improve the overall image of Qatar as a host country, as it can provide a more pleasant and enjoyable experience for both locals and visitors during the World Cup.

Al Mayasa Al Mohanadi Qatar Academy Doha

The Social and Economic Repercussions of the Israeli Occupation

The Israeli occupation of Palestinian territories and the Syrian Golan Heights has had severe economic and social repercussions on the living conditions of the Palestinian people and Arab population. The occupation has resulted in the violation of human rights and the destruction of infrastructure, making it challenging for the inhabitants to access basic amenities such as healthcare, education, and food. Therefore, several measures need to be implemented to address these challenges and improve the living conditions of the Palestinian and Arab populations in the occupied territories.

Israel must stop its settlement expansion and land confiscation policy in the occupied territories. The confiscation of land has resulted in the displacement of Palestinian communities and has made it difficult for them to access their farmland and natural resources. The settlement expansion policy has also resulted in the destruction of Palestinian homes, infrastructure, and resources, limiting their access to basic amenities. Therefore, the Israeli government should halt its settlement expansion policy and return the confiscated land to its rightful owners to improve the living conditions of the Palestinian people.

The international community should put pressure on the Israeli government to lift its blockade of the Gaza Strip. The blockade has made it challenging for the inhabitants of the Gaza Strip to access basic amenities such as healthcare, education, and food. The Gaza Strip's economy has also been severely affected by the blockade, resulting in high levels of poverty and unemployment. Therefore, the international community should urge the Israeli government to lift the blockade and allow the free movement of people and goods in and out of the Gaza Strip.

There should be an increase in foreign aid to support the Palestinian and Arab populations in the occupied



territories. The lack of resources and infrastructure in the occupied territories has made it challenging for the inhabitants to access basic amenities. Therefore, an increase in foreign aid could provide the necessary resources and infrastructure needed to improve the living conditions of the Palestinian and Arab populations.

Additionally, foreign aid could also provide the necessary support to create job opportunities and stimulate

economic growth in the occupied territories.

There should be an increase in the provision of healthcare services in the occupied territories. The Israeli occupation has resulted in the destruction of healthcare facilities, making it challenging for the inhabitants to access healthcare services. Therefore, there should be an increase in the provision of healthcare services to ensure that the Palestinian and Arab population has access to adequate healthcare. The international community could provide the necessary resources and infrastructure needed to improve the provision of healthcare services in the occupied territories.

There should be an increase in educational opportunities for the Palestinian and Arab populations in the occupied territories. The Israeli occupation has resulted in the destruction of schools and educational facilities, limiting the educational opportunities available to the inhabitants of the occupied territories. Therefore, there should be an increase in educational opportunities to ensure that the Palestinian and Arab population has access to quality education. The international community could provide the necessary resources and infrastructure needed to improve educational opportunities in the occupied territories. In conclusion, the Israeli occupation of the Palestinian territories and the Syrian Golan Heights have had severe economic and social repercussions on the living conditions of the Palestinian people and Arab population. Therefore, measures need to be implemented to address these challenges and improve the living conditions of the inhabitants of the occupied territories.

These measures include halting settlement expansion, lifting the blockade of the Gaza Strip, increasing foreign aid, improving healthcare services, and increasing educational opportunities. By implementing these measures, it is possible to improve the living conditions of the Palestinian and Arab populations and create a more sustainable future for the occupied territories.





Al Mayasa Al Mohanadi Qatar Academy Doha



"THIMUN provides students with the opportunity to learn about international issues and engage in debates and negotiations with students from different countries and cultures..."

THIMUN: Positive Impacts

THIMUN, or The Hague International Model United Nations, is a conference that brings together students from around the world to simulate the workings of the United Nations. Participating in THIMUN can have a positive impact on the community in several ways:

Fostering Global Citizenship: THIMUN provides students with the opportunity to learn about international issues and engage in debates and negotiations with students from different countries and cultures. This promotes understanding, tolerance, and respect for diversity, and helps students develop a sense of global citizenship. Developing Leadership Skills: Participating in THIMUN requires students to take on roles such as delegate, chair, or rapporteur, which helps them develop leadership skills such as public speaking, negotiation, and consensus-building.

such as public speaking, negotiation, and consensus-building.
Encouraging Civic Engagement: THIMUN encourages students to become active members of their community and to engage in civic activities that address global issues. This can include volunteering, participating in political campaigns, or advocating for social justice.

Creating Positive Change: THIMUN encourages students to think critically and creatively about solutions to complex global problems. By participating in THIMUN, students develop the skills and knowledge necessary to become agents of positive change in their community and beyond. Building Networks: THIMUN provides students with the opportunity to connect with like-minded individuals from around the world. These connections can lead to long-lasting friendships, collaborations, and partnerships that can have a positive impact on the community.

Overall, THIMUN has a positive impact on the community by fostering global citizenship, developing leadership skills, encouraging civic engagement, creating positive change, and building networks. THIMUN provides a unique opportunity for students to learn about global issues, develop leadership skills, engage in civic activities, create positive change, and build networks with individuals from around the world. All of these aspects can have a positive impact on the community by promoting understanding, tolerance, respect for diversity, and active participation in addressing global issues.

Hessa Al Hitmi Qatar Academy Doha

Savor the Flavor! Qatar International Food Festival is Now Open

The Qatar International Food Festival (QIFF) is now open. QIFF is one of the most highly anticipated annual events in Qatar. The 2023 edition of the festival promises to be bigger and better than ever before, with a wide range of culinary delights, entertainment, and activities for visitors of all ages.

The festival will take place from March 29 to April 8, 2023, at the Oxygen Park in Education City. The event is organized by Qatar Tourism Authority, in partnership with Qatar Foundation.

QIFF 2023 will showcase a diverse range of food and beverages from around the world, including traditional Qatari dishes, Middle Eastern delicacies, and international cuisine. The festival will feature over 150 food stalls, food trucks, and popup restaurants, offering a variety of dishes to suit every taste and budget.

In addition to the food, there will be plenty of entertainment and

activities for visitors to enjoy. Live music performances, cooking demonstrations, and cultural shows will be held throughout the festival. There will also be a variety of activities for children, including face painting, bouncy castles, and arts and crafts workshops.

One of the main attractions of the festival will be the celebrity chef appearances. Some of the world's most renowned chefs will be present, showcasing their culinary skills and sharing their knowledge and expertise with visitors.

QIFF 2023 is expected to attract visitors from all over the world, making it a great opportunity for tourists to experience the diverse culture and cuisine of Qatar. The festival will also provide a platform for local businesses and entrepreneurs to showcase their products and services, promoting the growth of the food and beverage industry in Qatar.



"The 2023 edition of the festival promises to be bigger and better than ever before!..."



Hessa Al Hitmi Qatar Academy Doha

Protecting the Rights of Children in Conflict Zones

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Children are the most vulnerable members of society and are often the worst affected during conflicts and wars. Conflict zones expose children to a range of risks such as violence, displacement, abuse, and exploitation. As a result, there is a need to promote and protect the rights of children in conflict zones to ensure that they are not only protected from harm but are also able to enjoy their rights to education, health, and basic services. In this article, we will discuss the promotion and protection of the rights of children in conflict zones.

The promotion of the rights of children in conflict zones starts with ensuring that they have access to education. Education is not only a basic right but also an essential tool for the development of children. In conflict zones, however, children face many barriers to education, including the destruction of schools, lack of teachers, and insecurity. To promote the rights of children in conflict zones, governments

and non-governmental organizations must work together to ensure that schools are rebuilt, teachers are trained, and security is provided to enable children to access education. This will not only help to protect children from harm but will also provide them with a pathway toward a brighter future.

In addition to education, health is another fundamental right that must be promoted and protected in conflict zones. Conflict and war often result in the breakdown of healthcare systems, leaving children vulnerable to disease and malnutrition. Governments and humanitarian organizations must work together to ensure that children have access to adequate healthcare services, including vaccinations, treatment for common illnesses, and mental health support. This will help to ensure that children are protected from harm and can grow up healthy and strong.

The protection of children's

rights in conflict zones also involves protecting them from violence, abuse, and exploitation. Children in conflict zones are often subjected to various forms of violence, including sexual violence, forced recruitment, and trafficking. To protect them, governments and humanitarian organizations must work together to prevent and respond to these forms of violence. This can be achieved through the establishment of child protection mechanisms, such as child-friendly reporting mechanisms and safe spaces for children. Additionally, governments must ensure that perpetrators of violence against children are held accountable for their actions.

Lastly, the protection of the rights of children in conflict zones involves ensuring that they have access to basic services such as food, water, and shelter. Conflict often results in the displacement of populations, leaving children without access to these basic needs. Governments and

humanitarian organizations must work together to provide these basic services to ensure that children are protected from harm and can grow up healthy and strong.

In conclusion, promoting and protecting the rights of children in conflict zones is essential to ensure that they are protected from harm and can enjoy their basic rights to education, health, and basic services. Governments and nongovernmental organizations must work together to ensure that children have access to education, healthcare, and child protection mechanisms. Additionally, they must work to prevent and respond to violence against children and ensure that children have access to basic services such as food, water, and shelter. By promoting and protecting the rights of children in conflict zones, we can ensure that they have a brighter future and a chance to reach their full potential.



"To protect children, governments and humanitarian organizations must work together to prevent and respond to violence..."





Al Mayasa Al Mohanadi Qatar Academy Doha

THIMUN Qatar conferences are a unique opportunity for young leaders to come together and address global issues through critical thinking, diplomacy, and teamwork. We asked admins to share their first day experiences in organizing and facilitating such an event.

The majority agrees that it was a fun experience whereas, some found it stressful and chaotic.

As one of the experienced admins – Hayaa Al Mannai – stated: "It's been a really nice and joyful experience and it's not my first time as an admin and I am head of room, and by the end of this year I will be graduating."

She goes on to say, "For the past years I have been an admin so finding out that I am head of room is extremely rewarding."

It's great to hear that Hayaa Al Mannai has had a positive experience as an admin and head of room, and that she finds the experience rewarding. As an experienced admin, she likely has valuable skills and knowledge that she can share with others to help them navigate the newcomer experience.

Being head of room is also a significant responsibility, as it involves overseeing the activities and wellbeing of the newcomers in that particular room. It's clear that Hayaa takes her role seriously and is committed to making the experience as positive and enjoyable as possible for the newcomers.

It's also exciting to hear that Hayaa will be graduating soon. The skills and experiences she has gained as an admin and head of room are sure to serve her well in her future endeavors. It's great to see that the newcomer experience can be a meaningful and rewarding opportunity for both newcomers and experienced admins like Hayaa.

I have also interviewed a newcomer (Ali Al-Ajji) . He talks about how this

"I'm delighted to be part of the French comittee as Head of Room.

Considering this is my last conference, I will truly miss being part of the admin team and wish good luck to the following admin teams..."

First Day at THIMUN

experience is unique and not like any other, as he had an opportunity to meet new people from different ethnicities and different cultural backgrounds. This experience also helped him to develop new skills such as communication skills and thinking skills.

It's great to hear that Ali had a positive experience meeting people from different ethnicities and cultural backgrounds during his newcomer interview. Interacting with individuals from diverse backgrounds can certainly broaden one's horizons and provide unique learning opportunities.

Developing communication skills is an important aspect of interacting with people from different cultures. Effective communication involves not only speaking clearly but also active listening and understanding cultural differences in communication styles. By engaging with people from different backgrounds, Ali may have gained a better understanding of how to communicate effectively with individuals from different cultures.

Similarly, exposure to diverse perspectives and ways of thinking can help individuals develop their critical thinking skills. When confronted with different cultural norms and beliefs, individuals are forced to reevaluate their own assumptions and biases, leading to greater open-mindedness and

critical thinking.

Overall, it's great to see that Ali's experience meeting people from different cultural backgrounds has helped him develop new skills and broaden his perspective.

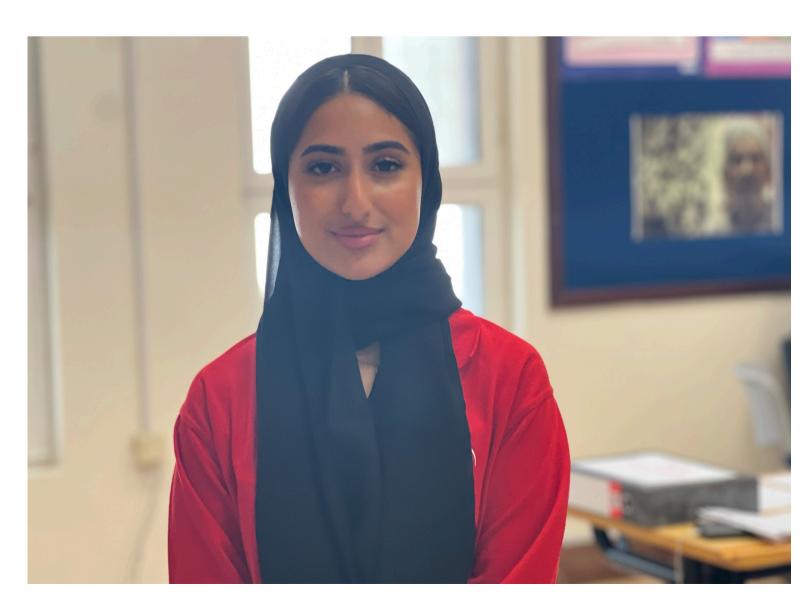
As she continues, "Interviewing a firsttime admin, Ghena Alkatami, gave me insight on how an admin's day goes.

"I was nervous and unsure of what the day would bring."

As a first-time THIMUN admin, it's understandable that Ghena Alkatami would feel nervous and uncertain about her day. THIMUN conferences are known for being high-pressure events with many moving parts, and many different tasks and responsibilities can fall under the purview of an admin.

However, as with any new opportunity, it's important to remember that there will be a learning curve. With time and experience, Ghena will likely become more familiar with the ins and outs of the conference, and she may even develop strategies for managing the different tasks that come her way. It's also crucial for her to remember that she's part of a team and that she can rely on the support and guidance of her teammates as she navigates this new role.





Al Mayasa Al Mohanadi Qatar Academy Doha

Environmental degradation can have significant impacts on the poor and marginalised communities, who often rely heavily on natural resources for their livelihoods and well-being. Promoting education can play a vital role in protecting these communities from the effects of environmental degradation in several ways:

Raising awareness:

Education can help to raise awareness of the environmental issues facing poor and marginalised communities, and the impacts that these issues can have on their health, livelihoods, and future prospects. This awareness can help to mobilise communities to take action to protect their natural resources and environment.

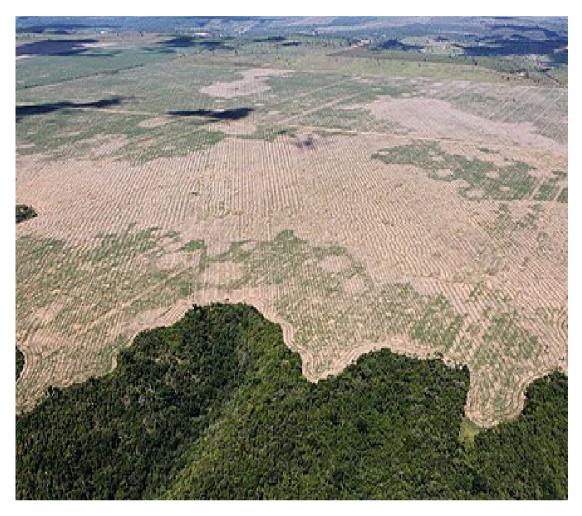
Building capacity:

Education can also help to build the capacity of individuals and communities to understand and respond to environmental challenges. This may involve developing skills in areas such as sustainable agriculture, conservation, and renewable energy.

Empowering communities:

Education can empower poor and marginalised communities to participate in decisionmaking processes that affect their environment. By understanding the issues and being able to articulate their needs and concerns, these

A Bulwark Against Evironmental Degrdation



communities can have a greater voice "Environmental concern is now firmly embedded in public life: In education, medicine and law; in

journalism, literature and art".

farming techniques. By promoting these practices, education can help to mitigate the effects of environmental degradation and protect the natural resources that poor and marginalised communities rely on.

Providing economic opportunities:

Education can also provide poor and marginalised communities with economic opportunities that are linked to environmental conservation. For example, ecotourism, sustainable forestry, and renewable energy projects can create jobs and income while protecting the environment.

In conclusion, promoting education is crucial for protecting poor and marginalised communities from the effects of environmental degradation. By raising awareness, building capacity, empowering communities, encouraging sustainable practices, and providing economic opportunities, education can help to ensure that these communities are able to live healthy, sustainable lives while protecting the natural resources that they depend on.

A New Generation of Admins

Hessa Al Hitmi Qatar Academy Doha

11 "As a first-time admin in THIMUN, I was initially overwhelmed by the responsibility of managing the committee sessions and ensuring that the delegates adhered to the rules of procedure. However, with guidance from experienced admins and careful planning, I soon gained confidence in my abilities. It was exhilarating to witness the lively debates and negotiations between the delegates, and to see them develop their diplomatic skills. My first day was challenging yet rewarding and I can't wait for the following days." -Turkey Al Mana

"My first day as an admin in THIMUN was both exhilarating and nerve-wracking. I arrived early to set up the conference room and ensure all necessary materials were in order. As delegates arrived, I greeted them and provided guidance on registration and committee assignments. Throughout the day, I helped facilitate committee sessions and assisted delegates with any technical issues. It was a fulfilling experience to contribute to the success of the conference and witness the dedication and passion of the delegates. I will defentlity will do this again." - Ghena

in shaping policies and programs

Encouraging sustainable practices:

Education can help to encourage

sustainable practices, such as waste

reduction, recycling, and sustainable

that affect them.

"As I walked into the bustling committee room on my first day as an admin in MUN, I couldn't help but feel nervous. As a former delegate, I was used to being on the other



side of the table. But with the support of the experienced chairs and fellow admins, I quickly settled into my role. I was amazed by the level of engagement and debate among the delegates, and felt a sense of pride in

being part of an event that was fostering critical thinking and global awareness among the future leaders of our world." - Ali Al Aji

Al Mayasa Al Mohanadi Qatar Academy Doha

The issue of Israeli practices and settlement activities affecting the rights of the Palestinian people and other Arabs of the occupied territories is a complex and long standing issue. Here are some possible measures that can be taken to prevent and regulate these practices:

Diplomatic Pressure: Diplomatic pressure can be exerted on Israel through various international forums such as the United Nations, the International Court of Justice, and the International Criminal Court. The aim would be to hold Israel accountable for its actions and to pressure it to comply with international law and UN resolutions related to the conflict. Economic Pressure: Economic

pressure can be exerted on Israel through various means such as boycotts, divestment, and sanctions. These measures can be aimed at pressuring Israel to change its policies towards the Palestinians and to comply with international law. Political Pressure: Political pressure can be exerted on Israel through various means such as suspending diplomatic relations, withdrawing diplomatic recognition, and imposing travel restrictions on Israeli officials. These measures can be aimed at pressuring Israel to change its policies towards the Palestinians.

Legal Action:

Legal action can be taken against Israel through various means such

Freedom of Palestine: Freedom of All



as filing lawsuits in domestic courts "We know too well that our and international tribunals. These measures can be aimed at holding freedom is incomplete without the freedom of the Palestinians" Supporting Palestinian Rights:

Supporting Palestinian rights can be done through various means such as providing humanitarian aid to Palestinians in need, supporting Palestinian civil society organisations, and promoting Palestinian self-determination. These measures can be aimed at empowering Palestinians and supporting their struggle for their rights and dignity.

International Monitoring:

International monitoring can be established to ensure that Israel complies with international law and UN resolutions related to the conflict. This can be done through various means such as deploying international observers and establishing international monitoring mechanisms.

Negotiations:

Finally, negotiations can be conducted between the parties involved to resolve the conflict and reach a just and lasting peace. These negotiations should be based on international law and UN resolutions related to the conflict, and should aim at ensuring the rights and dignity of both Palestinians and Israelis.

Israel accountable for its actions and to pressure it to comply with international law and UN resolutions related to the conflict.

A Well-being at Stake

Al Mayasa Al Mohanadi Qatar Academy Doha

The world is facing a humanitarian crisis with millions of refugees forced to flee their homes due to conflicts, persecution, and other forms of violence. The global refugee population is vulnerable and often faces significant challenges in accessing basic needs such as food, shelter, healthcare, and education. Governments, international organizations, and civil society must work together to implement measures that uphold the well-being of the global refugee population. In this essay, we will discuss some of the measures that can be implemented to uphold the well-being of refugees. Governments and international organizations need to ensure refugees' access to basic needs. Refugees often arrive in their host countries with few possessions and limited resources. They must be provided with access to basic needs such as food, water, shelter, and healthcare. Education is also crucial

for the long-term well-being of refugees; access to education must be provided to refugee children.

Refugees are often fleeing violence and persecution, and they may face similar threats in their host countries. Governments and international organizations must work to ensure the safety and protection of refugees, including protection against violence, exploitation, and abuse.

Refugees often face significant barriers in accessing employment, which can have long-term negative impacts on their wellbeing. Governments and international organizations must work to promote the social and economic inclusion of refugees, including access to employment, occupation, and other forms of support. Psychological support is also crucial to

the well-being of refugees. Refugees often experience trauma and mental health challenges due to their experiences of conflict and displacement. They must provide access to psychological support services to help refugees cope with the challenges they face. Finally, efforts to uphold the well-being of refugees must be guided by the principles of human rights and dignity. Refugees are entitled to the same human rights as any



other person, including the right to freedom from discrimination, the right to access basic needs, and the right to safety and protection. Governments and international organizations must prioritize upholding the human rights and dignity of refugees in all their efforts.

In conclusion, the global refugee population is facing significant challenges, and measures must be implemented to uphold their wellbeing. Access to basic needs, safety and protection, social and economic inclusion, psychological support, and upholding human rights and dignity are some of the measures that can be implemented to uphold the well-being of refugees. It is the responsibility

of governments, international organizations, and civil societies to work together to ensure that the needs of refugees are met and their well-being is upheld. By doing so, we can help to create a better future for refugees and for the world as a



Hessa Al Hitmi Qatar Academy Doha

Sustainable agriculture is essential to ensure food security and protect the environment. However, achieving sustainable agriculture requires strong support systems that promote and enable sustainable practices. In this article, we will discuss some of the ways to strengthen support systems for sustainable agriculture. One of the most important ways to strengthen support systems for sustainable agriculture is through education and training. Farmers need to be trained in sustainable farming practices, including soil conservation, water management, and pest control. Agricultural extension services can play a vital role in providing farmers with the knowledge and skills they need to adopt sustainable practices. Education and training can also help farmers understand the long-term benefits of sustainable agriculture and encourage them to invest in sustainable practices.

The provision of appropriate technologies and infrastructure is crucial to promote sustainable agriculture. The development and dissemination of appropriate technologies, such as drip irrigation systems and conservation tillage practices, can help farmers to adopt sustainable practices more easily. Infrastructure such as rural roads, storage facilities, and markets can also support sustainable agriculture by improving access to inputs and markets.

In addition, strengthening support systems for sustainable agriculture requires policies and institutions that promote sustainability. Governments

Sustainable Agriculture



can incentivize sustainable practices through policies such as subsidies for sustainable inputs or payments for ecosystem services. Effective institutions such as agricultural research centers, extension services, and farmer cooperatives can support farmers in adopting sustainable practices and ensure that sustainable agriculture remains a priority. Another important factor is the

"A sustainable agriculture is one which depletes niether the people nor the land". involvement of local communities and stakeholders in the development and implementation of sustainable agriculture. This can be achieved through participatory approaches such as farmer field schools, community-based natural resource management, and participatory rural appraisals. Engaging local communities and stakeholders can help to ensure that sustainable agriculture is appropriate to local conditions, and can build support for sustainable agriculture among local communities.

Finally, strengthening support systems for sustainable agriculture requires a commitment to monitoring and evaluation.

Monitoring and evaluation can help to identify the impacts of sustainable agriculture practices and guide the development of appropriate policies and interventions. It can also help to ensure that support systems are effective in promoting sustainable agriculture.

In conclusion, sustainable agriculture is essential for food security and environmental protection, and strengthening support systems for sustainable agriculture is critical to achieving this. Education and training, appropriate technologies and infrastructure, policies and institutions, local community involvement, and monitoring and evaluation are some of the ways to strengthen support systems for sustainable agriculture. By investing in sustainable agriculture and strengthening support systems, we can create a more sustainable and food-secure future.

Celebrating Women in Sports

Hamad Al Kaabi Qatar Academy Doha

Celebrating Female Athletes and Promoting Gender Equality in Sports"

The Women's World Cup is a prestigious global soccer competition that brings together some of the most talented female players from around the world. The tournament is held every four years and is organized by FIFA, the international governing body for soccer. The event has grown significantly in popularity and importance over the years, drawing millions of viewers and fans from across the globe.

The first Women's World Cup was held in 1991 in China, and since then, the tournament has grown in size and stature. The most recent edition of the event, held in 2019 in

France, featured 24 teams from around the world and was watched by an estimated 1.1 billion people. The United States women's team won the tournament, earning their fourth title overall. The Womens World Cup is happening again latter this year and its important to show our support. The Women's World Cup is an important event for several reasons. For one, it provides a platform for female soccer players to showcase their skills and compete at the highest level. This is especially significant given the historic gender inequalities that have existed in sports. By giving female athletes the same opportunities and exposure as their male counterparts, the Women's World Cup helps to promote gender equality and challenge traditional gender roles. Another reason why the Women's World Cup is important is that it helps to raise the profile of women's soccer and inspire future generations of female players. The success of the US women's team, for example, has helped to inspire girls and women across



the country to pursue their dreams and get involved in soccer. The tournament also helps to promote a sense of global unity and sportsmanship, as players from different countries come together to compete and celebrate their love of the game.

Overall, the Women's World Cup is an exciting and important event that deserves our support. Whether you're a soccer fan or not, the tournament is a great opportunity

to celebrate the accomplishments of female athletes and promote gender equality in sports. So when the Women's World Cup starts in August, be sure to tune in and cheer on your favorite team!

8



Hessa Al Hitmi Qatar Academy Doha

The issue of gun violence is a global concern that needs to be addressed with effective measures to promote disarmament and arms control in cities and schools. In this interview, Naya Walid, Adrija Bhartacharya, and Rafay Nabeel provided their insights on the most effective measures to achieve this goal, the effectiveness of red flag laws, and countries that have implemented good gun laws.

Naya Walid emphasized the importance of implementing laws that penalize anyone who possesses guns for violence. Such laws would act as a deterrent and discourage individuals from using guns to commit acts of violence. Additionally, she suggested that law enforcement agencies should receive training to help them enforce firearms laws and prevent gun violence effectively. She stressed that the government and people in power need to recognize the importance of this issue and provide the necessary resources to address it.

Adrija Bhartacharya suggested that background checks should be conducted on teachers and students before they are hired or admitted to schools. This would help to identify any individuals who might pose a risk to the safety of others due to their history of violence or mental health issues. She also highlighted the effectiveness of red flag laws, which allow authorities to temporarily remove firearms

Perspectives on Promoting Disarmament and Gun Control: Insights from a group from Committee GA1



"Its not a gun control problem; its a cultural control problem"

of red flag laws in preventing gun violence. He argued that these laws have not had the impact that was initially expected, and that there are still many countries where people can easily access guns with little to no checks and balances. Rafay suggested that laws should be put in place to control the people who are accessing guns, including background checks and regular mental health assessments. Individuals with mental health issues should not have access to guns or be near them.

The interview also discussed some countries that have implemented good gun laws. Australia was cited as an example of a country that introduced strict gun laws in response to a mass shooting in 1996, resulting in a significant decrease in firearm-related deaths. Chile was also mentioned for its public service database, which allows citizens to report any individuals who are going through a mental health crisis or are a danger to themselves. This database helps the government to act and ensure that such individuals are not near any dangerous weapons. Norway was highlighted for its strict gun laws, which mandate training and background checks for all gun owners.

In conclusion, promoting disarmament and arms control in cities and schools requires a multifaceted approach that involves implementing laws, conducting

IB's International Mindedness

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International-mindedness is defined by the International Baccalaureate as "a disposition to appreciate and respect the diversity of people, cultures, and perspectives and to engage with the complexity of interdependent global systems with a view to taking responsible action towards sustainability and human well-being." Participating in THIMUN provides students with the opportunity to engage in debates and negotiations with students from different countries and cultures, to learn about global issues, and to develop an understanding and appreciation of the diversity of people and perspectives around the world. Through this experience, students can develop a disposition towards international-mindedness,

which is an important attribute of the IB Learner Profile.

from individuals who pose a risk to

themselves or others. Studies have

shown that states with red flag laws

have lower rates of firearm-related

However, Rafay Nabeel expressed

skepticism about the effectiveness

suicides and homicides.

By participating in THIMUN, students can develop a disposition toward internationalmindedness, which is an important attribute of the IB Learner Profile. THIMUN provides students with the opportunity to engage with the complexity of interdependent global systems, to appreciate and respect the diversity of people, cultures, and perspectives, and to take responsible action towards sustainability and human wellbeing. These experiences align with the IB's definition of international-mindedness and can help students develop this attribute. Participating in THIMUN can help develop the attribute of international-mindedness as defined by the IB. Through engaging with students from different countries and cultures, learning about global issues, and taking responsible action towards sustainability and human well-being, students can develop a disposition towards international-mindedness. This aligns with the IB's goal of promoting an appreciation



and respect for the diversity of people, cultures, and perspectives, which is a key aspect of the attribute of international-mindedness. Additionally, participating in THIMUN can also help students develop a sense of empathy and understanding towards others. Through debating and negotiating with students from different backgrounds, students can gain a deeper understanding of the challenges and perspectives of those from different cultures and nationalities. This

understanding can then translate into responsible and respectful action towards others, which is a key aspect of international-mindedness. Overall, THIMUN can contribute to the development of the IB Learner Profile attribute of international-mindedness by promoting an appreciation for diversity, empathy towards others, and responsible action towards global issues.



Hamad Al Kaabi Qatar Academy Doha

The presence of weapons in cities and schools poses a significant threat to the safety and security of citizens, especially children. The prevalence of guns in the hands of criminals, terrorists, and mentally unstable individuals can lead to tragic and devastating consequences. To ensure safer cities and schools, measures for disarmament and arms control must be implemented to prevent the misuse of firearms. In this article, we will discuss some of the measures that can be implemented for disarmament and arms control to create safer cities and schools. One of the most effective measures for disarmament and arms control is the implementation of gun control laws. Gun control laws can help to limit the number of guns in circulation and ensure that only responsible individuals have access to firearms. Such laws may include background checks, waiting periods, and restrictions on the type and number of guns that an individual can own. By implementing gun control laws, cities and schools can prevent the easy access of firearms by criminals and individuals who may pose a threat to the safety and security of citizens.

Another measure for disarmament and arms control is the establishment of gun buyback programs. These programs allow individuals to surrender their firearms in exchange for a monetary reward. By doing so, they help to reduce the number of firearms in circulation, especially those in the hands of criminals. Additionally, these programs provide an opportunity for people to dispose of firearms safely and responsibly. Another effective measure that

Arms Control For Safer Cities and Schools



can lead to safer cities and schools is the promotion of community policing. Community policing is a collaborative effort between the police and citizens to prevent and solve crime. It involves the establishment of strong partnerships between law enforcement agencies and communities to identify and address the root causes of violence. By working together, communities and law enforcement can create a

"Why is it that giving guns is so easy, but giving books is so hard?"

safe and secure environment for citizens and prevent the misuse of firearms.

Additionally, promoting the use of non-lethal weapons can also be an effective measure for arms control. Non-lethal weapons, such as pepper spray and stun guns, can incapacitate an attacker without causing serious harm. By promoting the use of non-lethal weapons, cities and schools can reduce the risk of deadly force being used and prevent unnecessary loss of life.

Finally, education and awareness campaigns can also play a critical role in promoting disarmament and arms control. These campaigns can help to educate the public about the dangers of firearms and the importance of responsible gun ownership. Additionally, they can raise awareness about the consequences of firearm misuse and the benefits of disarmament and arms control.

In conclusion, the presence of firearms in cities and schools poses a significant threat to the safety and security of citizens, especially children. Measures for disarmament and arms control, including gun control laws, gun buyback programs, community policing, the promotion of non-lethal weapons, and education and awareness campaigns, must be implemented to prevent the misuse of firearms. By working together, governments, law enforcement agencies, and communities can create safer cities and schools for citizens, reduce the risk of firearm-related violence, and prevent unnecessary loss of life.

Earthquake Strikes Turkey

Hessa Al Hitmi Qatar Academy Doha

On February 6, 2023, a powerful earthquake with a magnitude of 7.3 struck the Turkish province of Kocaeli, causing widespread destruction and claiming many lives. The earthquake was felt in neighbouring regions and countries, including Istanbul and Greece. The epicentre of the earthquake was located in a densely populated area, which exacerbated the damage and loss of life. The earthquake caused buildings to collapse, roads to split open, and left many people trapped under the rubble. Rescue teams

worked tirelessly to locate survivors and provide medical assistance to the injured. As the days passed, the full extent of the damage became clearer. The earthquake had destroyed thousands of homes and left many communities in ruins. The Turkish government declared a state of emergency, mobilising resources and support to help those affected by the disaster. The earthquake in Kocaeli is a stark reminder of the ongoing risks of natural disasters and the importance of disaster preparedness. Turkey, located in a seismically active region, has experienced numerous earthquakes in the past, and has invested in seismic monitoring and disaster response infrastructure. However, the scale of the latest earthquake highlights the need for continued efforts to strengthen resilience and



response capacities. In the aftermath of the earthquake, international aid organisations and neighbouring countries have offered their support and assistance. Donations and contributions from individuals and

organisations around the world have also poured in, providing muchneeded resources and relief to those affected by the disaster.











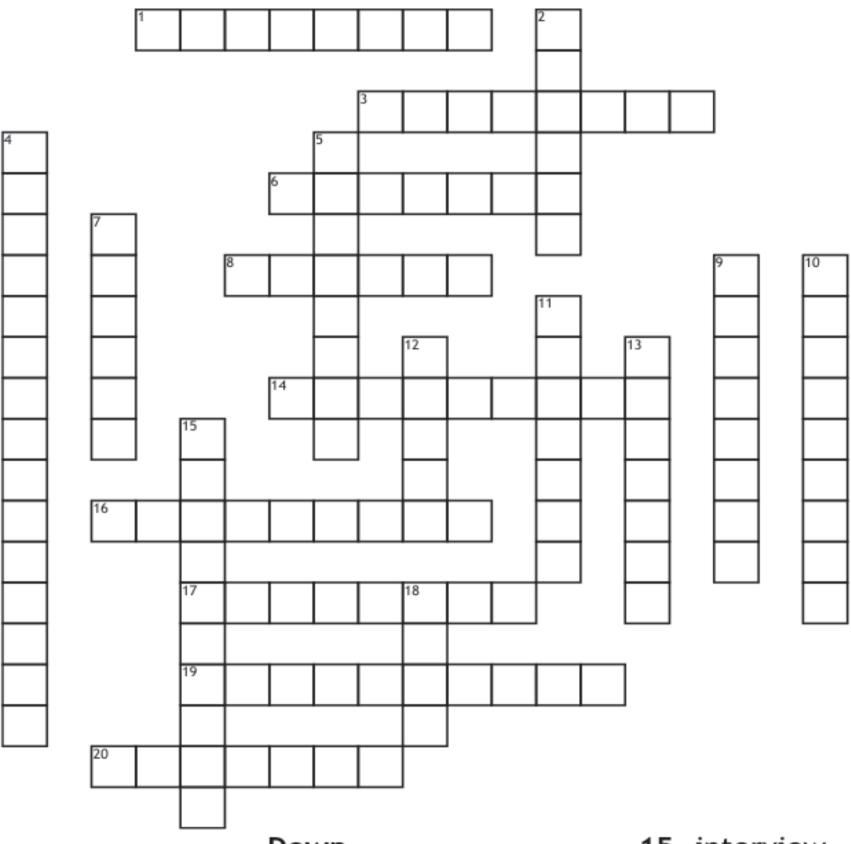








Crossword Puzzle



<u>Across</u>

- 1. translate
- 3. publish
- 6. audience
- 8. review
- **14.** photographer
- **16.** news
- 17. explain
- 19. investigate
- 20. headline

Down

- 2. editor
- 4. cartoons
- **5.** issue
- 7. access
- 9. describe
- 10. present
- 11. graphic
- 12. donate 13. column

- **15.** interview
- 18. quote